Good Evening,

This is Mrs. McIntosh and it Monday, September 23. 2019.

Hot Lunch Menu for tomorrow is Whole Wheat Waffles, Turkey Bacon Salad Bar/Fruit and Milk. Cost is \$5.00. Salad Bar is available for a student price of \$2.50 as well as a Fresh Fruit Cup for \$1.00.

As school is now in full swing, we kindly ask parents that, moving forward, you drop students off at the office area and allow them to go to their classes unattended. Your cooperation is greatly appreciated as we strive to foster independence in our young cougars.

This Friday, Sept. 27th at 12:40pm students and staff will be participating in our annual Terry Fox Walk. K-2 students will be walking around the track at the school. Gr. 3-8 students will be walking 2KM down the Gregg Settlement Road and back up the other side. Homeroom teachers will be collecting change throughout the week if students choose to donate to cancer research. This is voluntary not mandatory to participate in the walk on Friday.

Thank you and Have a Great Evening!

Mrs. McIntosh

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